

Designing your OWN Activity

Students, you are to design and create your own game. You now become the teacher. You must describe in great detail how to play the game. Be creative! It cannot be an average sport like football, soccer, basketball, etc. You can use any sports equipment at your house. If you meet the requirements below, I may even play the activity once we go back to school. You must use one of the Standards (see below), have a Learning Target (what do you want us to learn today), and what material(s) used to play the game. Have fun with this activity and get to playing!

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance

Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Student Name

Period

Date

NAME OF THE ACTIVITY:

STANDARD (can have more than one):

LEARNING TARGET (what do you want us to learn today?)

Ex: Today I am learning how to "Set" in the game of volleyball.

MATERIALS:

RULES OF THE Game:

HOW DO YOU WIN THE GAME?

ILLUSTRATE OR DESCRIBE YOUR GAME BELOW: